



St. Joseph's Catholic & Anglican High School  
Ysgol Uwchradd Gatholig ac Anglicanaidd Sant Joseff



**Weekly Bulletin ~ Bwletin Wythnosol**  
Spring Term ~ 18<sup>th</sup> March 2022

*Due to the unprecedented amount of absence due to Covid19 there will be no Weekly Bulletin today – however please ensure that children take LFT tests on Sunday, in order to avoid positive children attending on Monday. Currently 8% are absent from school positive today. Currently a quarter of teaching staff are absent from school. We are doing everything we can to maintain onsite lessons – further updates to follow early next week.*

*Many thanks, Mr C Wilkinson*

# Important Information

## Covid-19 - UPDATE

### **Positive case at school. This applies to children and adults**

You must isolate for 5 full days after the day on which you test positive (which is 'Day Zero'). The child or adult can return to school on day 6 if they have no symptoms AND report 2 negative LFDs, taken 24 hours apart on days 5 and 6. If either of these tests are positive, continue to isolate and retest each day until 2 negative tests 24 hours apart OR have isolated for 10 days, whichever is sooner. If symptoms continue past day 10 (especially a fever) do not return to school until these have passed. You may have to take LFDs test routinely to return to school (if a child at primary school testing is not required). If this test is positive at any time within 28 days of your infection, retest each 24 hours until you have a negative result, at which point you may return to school. During the 28 days a positive test in the absence of new cardinal symptoms will not be considered as new infection.

### **Contacts of a positive case at school. This applies to children and fully vaccinated adults**

If between 5 and 18 years or fully vaccinated, you should do a daily LFD test for 7 days. If these remain negative you can return to school and your school's pre-attendance testing programme. If at any point the LFD becomes positive, you must isolate for 7 days and follow the guidance above for positive cases. If you develop symptoms also do a PCR.

### **Contacts of a positive case at school. Non-fully vaccinated adults**

If you are a contact and not fully vaccinated, you must isolate for a full 10 days and may return to school on day 11 if no symptoms, and pre-attendance testing is negative.

**Here are 2 Welsh Government links for 'people at increased risk' & 'clinically extremely vulnerable'. See extract from 2<sup>nd</sup> doc (Aug 21) below also:**

[People at increased risk from coronavirus | GOV.WALES](#)

[Guidance on protecting people defined on medical grounds as clinically extremely vulnerable from coronavirus \(COVID-19\) – previously known as 'shielding' \[HTML\] | GOV.WALES](#) (last update August 2021)

### **What we mean by 'clinically extremely vulnerable'**

Clinically extremely vulnerable refers to people in Wales who have one of a very specific list of pre-existing and long-term serious health conditions. Based on what we know to date the impact of their pre-existing, long-term health condition on their immune system puts them at high risk of serious illness if they are exposed to coronavirus.

# Important Information

## Covid-19 – UPDATE continued

People in the clinically extremely vulnerable group include:

- Solid organ transplant recipients
- People with specific cancers:
  - People with cancer who are undergoing active chemotherapy or radical radiotherapy for lung cancer
  - People with cancers of the blood or bone marrow such as leukaemia, lymphoma or myeloma who are at any stage of treatment
  - People having immunotherapy or other continuing antibody treatments for cancer
  - People having other targeted cancer treatments which can affect the immune system, such as protein kinase inhibitors or PARP inhibitors
  - People who have had bone marrow or stem cell transplants in the last 6 months, or who are still taking immunosuppression drugs
- People with severe respiratory conditions including all cystic fibrosis, severe asthma and severe Chronic Obstructive Pulmonary Disease (COPD)
- People with severe single organ disease (e.g. Liver, Cardio, Renal, Neurological).
- People with rare diseases and inborn errors of metabolism that significantly increase the risk of infections (such as Severe Combined Immunodeficiency (SCID), homozygous sickle cell).
- People on immunosuppression therapies sufficient to significantly increase risk of infection.
- Adults with Down's syndrome.
- Pregnant women with significant heart disease, congenital or acquired.

If you think there are clinical reasons why you should be added to the Shielding Patient List, you should discuss this with your GP or hospital clinician. They are able to add people to the list if it is clinically appropriate to do so.

There is a [wider group people whose conditions mean they are at an increased risk](#), but are not considered clinically extremely vulnerable. If you are within this group you should be rigorous about following social distancing measures but otherwise follow the same advice as the general population.