



Weekly Bulletin ~ Bwletin Wythnosol

Spring Term ~ 28th January 2022

This Week's Prayer

Heavenly Father, whose many gifts include memory and empathy: we hold in remembrance before you those many of the Jewish people who were murdered, harmed, or displaced in the horror of Nazi persecution, and whose communities were destroyed. In your mercy, help us to learn to accept our differences without fear and cleanse our hearts of all hatred. So may every human community flourish and every home be secure, to the advancement of your loving purposes and the glory of your name.

Amen.

Staff Development Dates

Monday 25th April 2022

Wednesday 20th July 2022

Calendar Activities

28th January

Year 10 Art Residential
[departs 2:30pm]

14th February

Year 7 Parents/Carers Evening
[3:45pm-6:30pm online]

31st January

Year 9 Parents/Carers Evening
[3:45pm-6:30pm online]

18th February

School closes for February Half Term

Changes to COVID Advice

Please see important information

about COVID advice issued by the Welsh Government

on page 2 and 3.

Important Information

Covid-19 - UPDATE

Positive case at school. This applies to children and adults

You must isolate for 5 full days after the day on which you test positive (which is 'Day Zero'). The child or adult can return to school on day 6 if they have no symptoms AND report 2 negative LFDs, taken 24 hours apart on days 5 and 6. If either of these tests are positive, continue to isolate and retest each day until 2 negative tests 24 hours apart OR have isolated for 10 days, whichever is sooner. If symptoms continue past day 10 (especially a fever) do not return to school until these have passed. You may have to take LFDs test routinely to return to school (if a child at primary school testing is not required). If this test is positive at any time within 28 days of your infection, retest each 24 hours until you have a negative result, at which point you may return to school. During the 28 days a positive test in the absence of new cardinal symptoms will not be considered as new infection.

Contacts of a positive case at school. This applies to children and fully vaccinated adults

If between 5 and 18 years or fully vaccinated, you should do a daily LFD test for 7 days. If these remain negative you can return to school and your school's pre-attendance testing programme. If at any point the LFD becomes positive, you must isolate for 7 days and follow the guidance above for positive cases. If you develop symptoms also do a PCR.

Contacts of a positive case at school. Non-fully vaccinated adults

If you are a contact and not fully vaccinated, you must isolate for a full 10 days and may return to school on day 11 if no symptoms, and pre-attendance testing is negative.

Here are 2 Welsh Government links for 'people at increased risk' & 'clinically extremely vulnerable'. See extract from 2nd doc (Aug 21) below also:

[People at increased risk from coronavirus | GOV.WALES](#)

[Guidance on protecting people defined on medical grounds as clinically extremely vulnerable from coronavirus \(COVID-19\) – previously known as 'shielding' \[HTML\] | GOV.WALES](#) (last update August 2021)

What we mean by 'clinically extremely vulnerable'

Clinically extremely vulnerable refers to people in Wales who have one of a very specific list of pre-existing and long-term serious health conditions. Based on what we know to date the impact of their pre-existing, long-term health condition on their immune system puts them at high risk of serious illness if they are exposed to coronavirus.

Important Information

Covid-19 – UPDATE continued

People in the clinically extremely vulnerable group include:

- Solid organ transplant recipients
- People with specific cancers:
 - People with cancer who are undergoing active chemotherapy or radical radiotherapy for lung cancer
 - People with cancers of the blood or bone marrow such as leukaemia, lymphoma or myeloma who are at any stage of treatment
 - People having immunotherapy or other continuing antibody treatments for cancer
 - People having other targeted cancer treatments which can affect the immune system, such as protein kinase inhibitors or PARP inhibitors
 - People who have had bone marrow or stem cell transplants in the last 6 months, or who are still taking immunosuppression drugs
- People with severe respiratory conditions including all cystic fibrosis, severe asthma and severe Chronic Obstructive Pulmonary Disease (COPD)
- People with severe single organ disease (e.g. Liver, Cardio, Renal, Neurological).
- People with rare diseases and inborn errors of metabolism that significantly increase the risk of infections (such as Severe Combined Immunodeficiency (SCID), homozygous sickle cell).
- People on immunosuppression therapies sufficient to significantly increase risk of infection.
- Adults with Down's syndrome.
- Pregnant women with significant heart disease, congenital or acquired.

If you think there are clinical reasons why you should be added to the Shielding Patient List, you should discuss this with your GP or hospital clinician. They are able to add people to the list if it is clinically appropriate to do so.

There is a **wider group people whose conditions mean they are at an increased risk**, but are not considered clinically extremely vulnerable. If you are within this group you should be rigorous about following social distancing measures but otherwise follow the same advice as the general population.

Safeguarding

Childline offers free confidential counselling for any young person with any problem, on 0800 1111, and via their website for an online chat. Their website also has information about issues that young people may experience, and ideas and activities for positive ways of coping. Some young people and their parents or carers may find this useful.

Pupil Absence

If your child is too poorly to attend school, it is important that school is made aware of the absence before 9am. Please telephone 01978 360310 or email attendancep6@hwbcymru.net as we appreciate the phone lines can be busy in the mornings.

If you want me back, label me!

Please can parents/carers ensure that all school uniform and especially PE kits are clearly marked with the pupil's name. This will greatly reduce the amount of lost uniform and PE kit and will also help us to return items to their rightful owner.

Tempest Photography

Individual photographs for Years 9, 10 and 11 and a group photograph for Year 11 will take place on Monday, 21st March.

Lateral Flow Tests

Lateral Flow Test kits will be distributed to pupils, where parental consent has been received, every other week as pupils should be taking three tests per week. The next distribution date is **Friday, 11th February**. If you would like your child to receive LFTs kits, parental consent forms are available from reception. Many thanks for your continued support.

Attendance Matters

This week's whole school attendance is **91.5%**.

Year	Cassidy	Devereux	King	Kolbe	Romero	Year Average
7	88.6%	92.7%	95.6%	90.4%	92.2%	91.9%
8	94.4%	82.9%	90.8%	88.1%	85.1%	88.3%
9	96.3%	87.3%	95.9%	95.3%	84.8%	91.9%
10	96.6% ☺	91.6%	86.2%	86.2%	95.3%	93%
11	82.7%	93%	96.3%	96.3%	93.9%	92.4%
Family Average	91.7%	89.5%	93%	93%	90.3%	

Vaccination of 12 to 15 year olds



Information for you and your parent/guardian

The COVID-19 vaccine is being offered to all 12-15 year olds in Wales, to help protect your health and well-being.

The decision to have your COVID-19 vaccine is a choice for each individual to make.

If you have questions about the vaccine take time to look up trusted and accurate information - the NHS is always a good starting place - and chat about what you think, with your parent(s) or guardian.

You probably also have family or friends who have had their vaccine and who could chat with you about how they felt, or help answer any questions you may have.

You have to give a clear agreement (called 'consent') before any vaccination can be given - so you are in charge of what happens.

There is a lot of information out there about the COVID-19 vaccine, so please be careful to use only accurate and trusted information to help you answer any questions you may have.

Here are some trusted places for you to find out more about why you are being offered the vaccine, any side effects you might experience. They will also offer you more information about the vaccine or if you can't agree with your parent(s) or guardian on what to do:

**Public Health
Wales**



BBC



**Public Health
England**



**British Society for
Immunology**



You may still benefit from having the vaccine even if you have previously had COVID-19. If you have tested positive for COVID-19 infection in the last 28 days, you need to wait a bit longer to have your vaccine. Your first dose needs to be at least 28 days away from when you tested positive.

Whether you have the vaccine or not, please keep wearing a face mask in indoor public spaces, staying home and getting tested if you have coronavirus symptoms, and keep washing your hands regularly.



Snapshot Taster sessions for parents



Left to their own
devices

Tuesday 18th January @ 5pm

Helpful tips on the digital world

Zoom details:

Meeting ID: 945 8331 8462

Password: 94472080

Drug proof your kids

Tuesday 1st February @ 5pm

Zoom details:

Meeting ID: 945 8331 8462

Password: 94472080



For more information
about these taster
sessions, please contact:
Karen Thomas
(07765253192) or Debra
Kennedy (07585101081)

Emotional Health &
Wellbeing in children
& young people

Tuesday 25th January @ 5pm

Zoom details:

Meeting ID: 945 8331 8462

Password: 94472080

Challenging Behaviour

Tuesday 8th February @ 5pm

Zoom details:

Meeting ID: 945 8331 8462

Password: 94472080

Acknowledgements



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